

STUDENT:

STUDENT ID NUMBER:



**FITNESS ADMINISTRATION MINOR PROGRAM:**

Program Number: UC0BFIT2

Version: 2178

Effective Date: August 28, 2017

MINOR PROGRAM (21 credits)	RC	CR	GR
A. Required Courses (18 credits): <sup>1</sup>	3		
1. SPT 120 Personal Nutrition	3		
2. SPT 201 Scientific Basis of Human Movement	3		
3. SPT 250 Methods of Group Fitness Instruction	3		
4. SPT 305 Emergency Care & Risk Management <sup>2</sup>	3		
5. SPT 310 Fitness Assessment and Exer Programming <sup>4</sup>	3		
6. SPT 366 Personal Fitness Trainer	3		
B. Minor Electives (Select One Option):	3		
1. PEC000 – 099 P.E. Activities <sup>3</sup>			
2. SPT 216 Exercise Physiology <sup>4</sup>			
3. SPT 240 Health Promotion			
4. SPT 230 Leadership and Team Building <sup>2</sup> or PRO232WI Practical Leadership			
Total	21		

1. All required courses must be passed with a grade of "C" or higher.

2. SPT 230 & SPT 305 are core requirements for SM Majors.

3. A total of 3 activity courses is required to earn 3 credits.

4. A Pre-Req SPT 201

Advisement Notes:

<b>Clearance for Graduation:</b> Total Semester Hours Completed: _____  <b>Signatures:</b> Minor Advisor: _____ Department Chairperson: _____
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Dean, College of Business