

STUDENT:



STUDENT ID NUMBER:

COACHING AND FITNESS ADMINISTRATION MINOR

Program Number: UCBOCOFIT2

Version: 2228 - Fall 2022

Effective Date: August 29, 2022

Minor Program (18 credits)	RC	CR	GR
Required (12 credits)			
1. SPT 201 Scientific Basis of Human Movement	3		
2. SPT 222 Fundamentals of Coaching	3		
3. SPT 305 Emergency Care & Risk Management	3		
4. SPT 340 Internship in Coaching/Fitness ³	3		

MINOR PROGRAM:

**COACHING AND
FITNESS
ADMINISTRATION**

Minor Electives (Select two- 6 credits)	6		
1. SPT 333 Principles of Strength and Conditioning ^{1,4}			
2. SPT 335 Methods & Evaluation in Athletics ^{1,3}			
3. SPT 120 Personal Nutrition ¹			
4. SPT 366 Personal Fitness Trainer ¹			
Total	18		

Advisement Notes:

1. Students interested in Coaching can take SPT 333 and SPT 335. Students interested in Fitness take SPT 120 and SPT 366.
2. A 2.0 GPA is required within the minor
3. SPT 222 is a prerequisite for SPT 335 and SPT 340.
4. SPT 201 is a prerequisite for SPT 333

Dean, College of Business
Approved: Date (Effective Fall 2022)